



# EBONI WALKER

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HOMEMAKER/LIFE COACH/MARRIAGE MENTTOR

Eboni Walker is a veteran and professionally certified coach & mentor. A mom who knows the struggle of trying to balance a career and family. In her coaching practice, she understands that Many people struggle with procrastination, fear of failure, and lack of confidence. She uses her Hi5 theory to help clients identify what drives them and develop a solution-oriented perspective to get to the root of limiting beliefs. Over time, her coaching process helps them organize their time, increase their confidence and become better equipped to handle challenges

Eboni has spoken at several conferences and events. She is a go-to panelist for all things parenting, relationships, and goal setting. Eboni loves her work because helping people achieve success and fulfillment is deeply meaningful to her. During the pandemic, Eboni birth Mommy Mondays. This series started after a rough day with her three children when she sat on the floor in her closet and wept. She was overwhelmed and needed an outlet. As a mom and wife, she knew she was not alone. So she opened her phone and began to share her pandemic story. This grew into conversations with parents and professionals that care for children most and value self-care.

Before coaching, Eboni spent eleven years in the military, where she certified as a Master Resilience Trainer and Sexual Assault Prevention & Response advocate, which have made a significant contribution to her foundation as a coach. She enjoys spending time with her family, singing, and cooking when she is not busy transforming lives as a Homemaker, Life Coach, and Marriage Mentor.

